

# 49TH ANNUAL MEETING SSTAR 2024 SCIENTIFIC PROGRAM

SEXUALITY AT THE INTERSECTIONS

April 4-7, 2024 | Hyatt Regency Toronto





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Rahim Thawer, MSW, RSW Trevor Hart

# **2024 MEETING LEARNING OBJECTIVES**

- Participants will examine the sexualities of different populations, including how these intersect with various aspects of identity.
- Participants will analyze biopsychosocial and cultural influences on sexual health and well-being.
- Participants will explore the latest science and clinical advances in the assessment and treatment of sexual difficulties through an intersectional framework.

Wifi Network: SSTAR2024 Password: sstartoronto



# LETTER FROM THE SSTAR PRESIDENT

Welcome to SSTAR's 49th Annual Meeting in Toronto, Canada. This year's program challenges participants to consider the importance of adopting an intersectional lens when engaging in sex science and clinical work. We are committed to making this an inclusive, engaging, and impactful conference. Samantha Dawson and Uzma Rehman, Scientific Program Co-Chairs, have put together an outstanding program of more than 40 oral presentations, data blitzes, panel presentations, as well as 36 poster presentations from a record 100+ abstract submissions. This is a clear sign that our community of groundbreaking sex researchers and clinical practitioners are more engaged than ever. I would also like to thank Rahim Thawer and Trevor Hart, Local Co-Chairs, for organizing the dinner event on Friday evening. I look forward to seeing many of you there!

#### Featured speakers include:

- Rahim Thawer, MSW, RSW Putting Anti-Oppression into Sex Therapy Practice (workshop)
- Edy Nathan, MA, LCSW, CST The Sexual Grief Effect and How It Loves to Hide (workshop)
- Simon Dubé, PhD Erobotics: The Future of Sex Research and Therapy
- Jane Fleishman, PhD Ain't No Stopping Us Now: The Promises and Pitfalls of Sexuality as We Age
- Ariella Binik, PhD Ethical Challenges in Research on Sexual Dysfunction
- Nicole Prause, PhD & David Ley, PhD Leading Clients to Water: Hypersexuality and Research Based Methods to Decrease Distress
- Paz Galupo, PhD Your existence is Resistance: Resilience, Joy, and the Weaponization of Queer & Trans Identities
- Daniela Wittmann, PhD, MSW Oncosexuality in Sub Saharan Africa
- Kathryn Hall, PhD & Cynthia Graham, PhD Ethics Workshop: The Privileging of Pleasure: Sex Therapy in Global Cultural Context

In addition to this exceptional scientific programming, SSTAR is thrilled to be honoring some very deserving scholars with awards this year: Dr. Lucie Fielding is the recipient of the 2024 Health Professional Book Award for her book Trans Sex: Clinical Approaches to Trans Sexualities and Erotic Embodiments, Dr. Suzanne lasenza will receive an exceptional merit for her book Transforming Sexual Narratives: A Relational Approach to Sex Therapy, and the 2024 recipient of the Sandra R. Leiblum Student Research Award is Kiarah O'Kane for their paper Associations Between Genital Self-Image and Individuals' Own and Perceived Partner Sexual Satisfaction.

I also look forward to discussing the future directions of SSTAR with many of you at this year's conference. 2024 is a year of strategic planning for the organization, and this is your opportunity to provide your input on how to best achieve SSTAR's mandate to foster and advance the highest quality sex therapy and research.

Do not hesitate to reach out to me directly with any suggestions, questions, and comments regarding SSTAR at <a href="mailto:President@sstarnet.org">President@sstarnet.org</a>.

Morag Yule, PhD

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President, Society for Sex Therapy and Research

# Thank you to our 2024 Sponsors!



Modern Sex Therapy Institutes is part of the Advanced Mental Health Training Institute (AMHTI). AMHTI is approved as a provider of continuing education by numerous national agencies and routinely applies for continuing education credits for professionals from state agencies when needed.



The Sexual Health Alliance (SHA) promotes an integrated, interdisciplinary approach to sexuality with the goal of fostering cooperation and dialogue among diverse professionals. Throughout the year, SHA facilitates communication among sexual health providers through our signature workshops and conferences, special events, and social media.



SEX-ED + produces pedagogical supports that contribute to a better knowledge of genital anatomies and sexual responses. It creates models that answer the needs of sexuality education and sexual health professionals. SEX-ED + creates anatomically exact models (based on human moulding) which represent the vast spectrum of genitalia (male, female, with voluntary or coerced surgeries, trans, etc.)

Interested in Contributing to the Development of an Open-Access Digital Dashboard to Increase Access to Evidence-Based Information for Sex Therapists?



Participate in a 20–25 minute interview about your experience with evidence-based practice!

To be eligible to participate you must be a sex therapist, trainee/student, or healthcare professional in sexual health

Contact us at EvidenceBasedSexTherapy@gmail.com or come see us beside the registration desk!

Receive \$75 as a Thank You for your Participation!

#### IN MEMORIA

Dr. Noam Chernick

#### SANDRA R. LEIBLUM STUDENT FUND

Started as a tribute to Sandra R. Leiblum, PhD, a pioneering authority in sex therapy and SSTAR past president, the Leiblum Student Fund supports the next generation of researchers and leaders in sex therapy. Each year, the fund grants a small honorarium, travel and registration expenses to the winner of the Sandra R. Leiblum Student Research Award to present their winning research abstract at the SSTAR Annual Meeting.

Donations can be made via the SSTAR website (www.sstarnet.org) or at dues renewal time. A contribution to the fund is an excellent way to honor Sandra R. Leiblum's legacy and the cause that was very dear to her – the education of students and support of their research. All contributions to SSTAR for the Leiblum Student Fund are tax deductible in the United States and allowed by law and, in some circumstances, Canada.

#### 2023 - 2024 DONORS TO THE SANDRA R. LEIBLUM STUDENT FUND

Daniel Watter • Morag Yule • Jason Winters • Michael Vigorito • Caroline Russell Smith • Natalie Rosen • Carolin Klein • Elizabeth Grill • Elisabeth Gordon • Marc Gilmartin • Katrina Bouchard • Sophie Bergeron • Audrey Brassard • Douglas Braun-Harvey • Marie-Eve Daspe • Katherine Péloquin

#### **2024 SSTAR AWARD RECIPIENTS**

#### **Health Professional Book Award**

Recipient: Lucie Fielding, PhD, MA, LMHC (she/they, elle/iel)

Trans Sex: Clinical Approaches to Trans Sexualities and Erotic Embodiments, Routledge, 2021

Exceptional Merit Recipient: Suzanne Iasenza, PhD (she/her)

Transforming Sexual Narratives: A Relational Approach to Sex Therapy, Routledge, 2020

#### Sandra R. Leiblum Student Research Award

Recipient: Kiarah O'Kane, BA (she/they)

Associations between genital self-image and individuals' own and perceived partner sexual satisfaction

#### **HEALTH AND SAFETY**

SSTAR is committed to creating a safe environment for our in-person attendees. While masks are not required, SSTAR strongly encourages the wearing of masks and maintaining safe distances between people. SSTAR does request that attendees be respectful of other people's masking choices.

#### LAND ACKNOWLEDGEMENT

A land acknowledgement is a first step but not an exclusive statement. We strive to engage in respectful dialogue with Indigenous communities, and work towards educating our staff members on Indigenous history and the vibrant cultures still here today.

#### **ABOUT TORONTO AND INCLUSION**

We acknowledge the land we are meeting on is the traditional territory of many nations including the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples and is now home to many diverse First Nations, Inuit and Métis peoples. We also acknowledge that Toronto is covered by Treaty 13 with the Mississaugas of the Credit.

We see the unifying power of community every day, which is why we commit to standing with Indigenous peoples, listening with a good mind, and supporting communities on their journeys towards a stronger future for generations to come.

# CONTINUING EDUCATION INFORMATION

# **ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDIDATIONS & APPROVALS**

The SSTAR 2024 Annual Meeting is fully accredited and approved toward continuing education credits for psychologists, sexologists, physicians, social workers, and marriage and family therapists. Participants of SSTAR meetings are responsible for knowing and adhering to their state-specific CE requirements. For questions or concerns about continuing education credits, please contact the SSTAR Continuing Education Officer, Arva Bensaheb, PhD at (917) 650-4820 or <a href="mailto:acitycbt@gmail.com">acitycbt@gmail.com</a>.

#### 1. ACCME Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American College of Obstetricians and Gynecologists and the Society for Sex Therapy and Research. The American College of Obstetricians and Gynecologists is accredited by the ACCME to provide continuing medical education for physicians.

#### AMA PRA Category 1 Credit(s)™

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 20.75 AMA PRA Category 1 Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **College Cognate Credit(s)**

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 20.75 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows AMA PRA Category 1 Credits™ to be equivalent to College Cognate Credits.

#### **Disclosure of Faculty and Industry Relationships**

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants. Such disclosure allows you to better evaluate the objectivity of the information presented in lectures. Please report on your evaluation form any undisclosed conflict of interest you perceive.

#### 2. American Association of Sexuality Educators, Counselors and Therapists (AASECT)

SSTAR is an approved Individual Provider of Continuing Education credits. This program meets the requirements of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) and is approved for up 20.75 CE credits. These CE credits may be applied toward AASECT certification and renewal of certification SSTAR (#15-784-S).

#### 3. American Psychological Association (APA)

SSTAR is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. SSTAR maintains responsibility for this program and its content. This program qualifies for up to 20.75 CE credits.

#### 4. New York State Education Department (NYSED) Social Workers

Society for Sex Therapy and Research, (SSTAR) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, LMSW, LCSW in New York State, #SW0100. This program qualifies for up to 22.5 contact hours.

#### **ACKNOWLEDGEMENTS, CONTINUING EDUCATION ACCREDIDATIONS & APPROVALS, CONTINUED**

#### 5. New York State Education Department (NYSED) Psychology

Society for Sex Therapy and Research, (SSTAR) Psychology CPE is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for psychologists in New York State, #PSY-0079. This program qualifies for up to 20.75f contact hours.

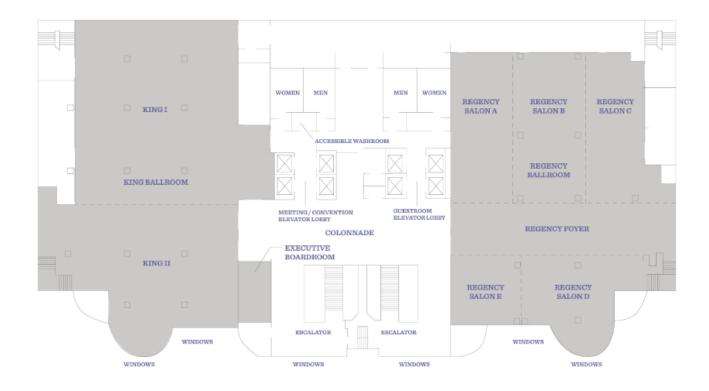
## 6. National Association of Social Workers (NASW)

SSTAR and the 2024 Annual Meeting are Approved by the National Association of Social Workers (Approval # 886770612-1727) for 22.5 continuing education contact hours.

#### The breakdown of the number of credits is as follows:

| CME/CE CREDITS    |  |  |  |
|-------------------|--|--|--|
| Thursday, April 4 | 6 Credits (preconference workshops – 3 credits each) |  |  |
| Friday, April 5   | 6.5 Credits  |  |  |
| Saturday, April 6 | 7 Credits  |  |  |
| Sunday, April 7   | 3 Credits (postconference ethics workshop)           |  |  |
| TOTAL             | Up to 22.5 credit hours possible                     |  |  |

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.



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# **CONFERENCE PROGRAM**

# THURSDAY, April 4\_\_

# PRECONFERENCE WORKSHOPS:

# ADVANCED PRACTICE IN SPECIAL SUBJECTS

| 7:30 am – 4:30 pm  | Meeting Registration  |
|--------------------|---|
| 7:30 am – 8:30 am  | Continental Breakfast (for workshop registrants only)   Location: Regency E   |
| 9:00 am – 12:00 pm | Morning Workshop: Putting anti-oppression into sex therapy practice Rahim Thawer, MSW, RSW (he/him)   Location: Regency D  Moderator: Morag Yule, PhD       |
| 12:00 pm – 1:30 pm | Lunch on Own  |
| 1:30 pm – 4:30 pm  | Afternoon Workshop: The sexual grief effect and how it loves to hide Edy Nathan, MA, LCSW, CST (she/her)   Location: Regency D  Moderator: Uzma Rehman, PhD |
| 5:30 pm – 6:00 pm  | New Member Reception   Location: Colonnade King   |
| 6:00 pm – 7:30 pm  | Poster Session/Welcome Reception (for all registrants) Location: Colonnade King   |
| 7:30 pm – 8:30 pm  | Student/ECP Pizza Party   Location: Colonnade King  |

# FRIDAY, April 5

## All programming will be located in the King Ballroom unless otherwise noted.

| 7:30 am – 5:30 pm  | Meeting Registration   |
|--------------------|--|
| 7:30 am – 8:30 am  | Early Risers Walk and Talk Networking Self-directed: meet in the lobby and go for a walk with fellow attendees           |
| 8:00 am – 9:00 am  | Breakfast (for all registrants)  |
| 9:00 am – 9:15 am  | Welcome Remarks SSTAR President: Morag Yule, PhD (she/her) Scientific Program Chair: Samantha Dawson, PhD (she/her)      |
| 9:15 am – 10:15 am | PLENARY 1: Erobotics: The future of sex research and therapy<br>Simon Dubé, PhD (he/il)  Moderator: Samantha Dawson, PhD |

# FRIDAY, April 5, continued

10:15 am - 11:10 am Research Block 1: Couples' Sexuality

Moderator: Sophie Bergeron, PhD

- Oral Talk: A dyadic analysis of sexual assertiveness and sexual outcomes in adolescent romantic relationships; Stéphanie Couture, PhD (she/her) (10 mins)
- 2. **Data Blitz:** "Intimacy isn't just sex": A thematic analysis of psychosocial support recommendations identified by individuals with endometriosis and their partners; Serena Corsini-Munt, PhD (5 mins)
- 3. **Data Blitz:** Appreciation of sex therapy among HIV sero-different male couples; Francesco Avallone, MSc (he/him) (5 mins)
- 4. **Data Blitz:** Investigating the associations between cisgender women's orgasm experiences, perceived partner responsiveness and sexual wellbeing among community women and their allpartners; Charlene Belu, PhD (5 mins)
- 5. **Data Blitz:** Changes and support factors in couples' sexual well-being following a recent pregnancy loss: A qualitative study; Gracielle Schwenck, BSc (she/her) (5 mins)
- 6. **Oral Talk:** Is spontaneous sex ideal? Beliefs and perceptions of spontaneous and planned sex and sexual satisfaction in romantic relationships; Katarina Kovacevic, MSc (she/her) (10 mins)

11:10 am - 11:30 am Break

11:30 am - 12:30 pm PLENARY 2: Ain't no stopping us now: The promises and pitfalls of sexuality as we age

Jane Fleishman, PhD (she/her)

Moderator: Uzma Rehman, PhD

12:30 pm – 1:30 pm Lunch on Own

12:30 pm – 1:30 pm Lunch and Learn for Students Only (registrants only) | Location: Regency E

1:30 pm – 2:00 pm Research Block 2: New Advances in Sex Therapy

Moderator: Carolin Klein, PhD

- 1. **Oral Talk**: HOLD me: A feasibility study of cognitive-behavioral couple therapy for sexual interest/arousal disorder; Katrina Bouchard, PhD (she/her) (10 mins)
- 2. **Oral Talk**: Virtual reality exposure therapy for sexual aversion: a proof-of-concept study; Valerie Lapointe, BSc (she/they) (10 mins)
- 3. **Oral Talk:** Unmasking the impact of biotemperament: Overcontrolled temperament in sex therapy; Thomas Murray, Jr., PhD (he/him) (10 mins)

2:00 pm – 3:30 pm Research Panel: Phenomenological Research Methods in Studying Sexual

Health

Moderator: Morag Yule, PhD

- 1. **Presentation:** Using phenomenology for optimizing sexual experiences; Peggy Kleinplatz, PhD (she/her)
- 2. **Presentation:** Using descriptive phenomenology to understand the impact of interstitial cystitis (IC) on women's sexual experiences; Hannah Richardson, RP(Q) (she/her)
- 3. **Presentation**: Understanding the lived experiences of people with sexual difficulties resulting from using and discontinuing antidepressants; Emily Rice, MA
- 4. **Presentation**: "Long-acting *reversible* contraception" Who controls women's experiences with IUDs?; Hailey DiCaita, MA
- 5. Presentation: Introducing phenomenological methodology in sexual health research; Diana Scamolla, BA

3:30 pm - 3:50 pm Break

3:50 pm – 4:50 pm PLENARY 3: Ethical challenges in research on sexual dysfunction

Ariella Binik, PhD

Moderator: Irving Binik, PhD

# FRIDAY, April 5, continued

4:50 pm – 5:30 pm Research Block 3: Porn and Compulsive Sex

Moderator: Beáta Bőthe, PhD

- 1. **Oral Talk:** How do partners communicate about pornography use? Current evidence, treatment implications, and directions for future research; Uzma Rehman, PhD (she/her) & Morag Yule, PhD (she/her) (10 mins)
- 2. **Data Blitz:** A portrait of women's pornography use motivations and frequency of use in different age groups; Anaïka François, BSc (5 mins)
- 3. **Data Blitz:** Impulsivity and compulsivity's associations with compulsive sexual disorder across 42 countries; Émilie Gaudet, BA (5 mins)
- 4. **Oral Talk:** The potential impact of a gap in romantic partners' moral incongruence toward pornography on their sexual and relationship satisfaction cross-sectionally and over time; Aurélie Michaud, MSc (10 mins)

5:30 pm Time to Explore Toronto on Your Own

**6:00 pm – 9:00 pm Group Dinner at Luma** (if registered for and pre-paid)

## SATURDAY, April 6

#### All programming will be located in the King Ballroom unless otherwise noted.

7:00 am – 8:00 am Early Risers Walk and Talk Networking

Self-directed: meet in the lobby and go for a walk with fellow attendees

7:30 am – 12:00 pm Meeting Registration

7:45 am – 8:30 am Breakfast and Business Meeting | Location: Regency BC

8:30 am – 9:15 am Research Block 4: Sexuality Across the Lifespan

Moderator: Samantha Dawson, PhD

- 1. **Data Blitz:** Love and Loss: Longitudinal associations between Perinatal Grief and Sexual well-being for couples after a pregnancy loss; David Allsop, MSc (he/him) (5 mins)
- 2. **Data Blitz:** Support never gets old: Associations between partner support and sexual, relationship and life satisfaction among older heterosexual couples; Noémie Bigras, PhD (5 mins)
- 3. **Data Blitz:** Extending the study of purity culture to the South Asian context: Implications for understanding South Asian women's sexuality; Taranjot Bedi-Padda, BA (5 mins)
- 4. **Data Blitz:** Being lovers and parents: Associations between role conflict and daily sexual well-being in new parents couples; Noémie Beaulieu, PhD (she/her) (5 mins)
- 5. **Data Blitz:** Why I feel obligated to use sexting? The roles of trauma, attachment, and sexual orientation; Audrey-Ann Lefebvre, BA (she/her) (5 mins)
- 6. **Data Blitz:** Understanding sexual functioning in psychotic disorders: A validation of the Multidimensional Sexuality Questionnaire; Justin Lamontagne, BSc (5 mins)
- 7. **Data Blitz:** "We are never going to figure this out": How perceptions of the solvability of sexual problems impact cognitions and communicative behaviours; Kendra Wasson, MA (she/her) (5 mins)

9:15 am - 10:15 am PLENARY 4: Leading clients to water: Hypersexuality and research-based

methods to decrease distress

Nicole Prause, PhD

David Ley, PhD, CST-S, ABPP (he/him)

Moderator: Jason Winters, PhD

10:15 am - 10:30 am Break

# SATURDAY, April 6, continued

10:30 am – 11:00 am Research Block 5: Evidence-based Practices for Sexual Dysfunction

Moderator: Elisabeth Gordon, MD

1. **Oral Talk:** Towards accessible syntheses of evidence-based practices for treating sexual dysfunctions: Preliminary goals, design, and discussion; Stéphanie Gauvin, PhD & John Sakaluk, PhD (20 mins)

2. **Oral Talk:** Sex therapy and sexual medicine's biopsychosocial model requires re-Examination; Michael Perelman, PhD (10 mins)

11:00 am – 12:30 pm Clinical Case Presentation: Treating out of control sexual behaviour through

the lens of intersectional stigma

Presenter: Philip Jai Johnson, PhD, CPsych (he/him)

Discussant: Douglas Braun-Harvey MFT, CST, CST-S (he/him)

Moderator: Morag Yule, PhD

12:30 pm – 1:30 pm Lunch and Poster Award Presentations (for all registrants)

**Location: Regency BC** 

1:30 pm – 2:30 pm PLENARY 5: Your existence is resistance: Resilience, joy, and the

weaponization of queer & trans identities

M. Paz Galupo, PhD (they/she)

Moderator: Michael Vigorito, PhD

2:30 pm – 3:00 pm Research Block 6: Sexual and Relational Well-being: Measurement and

Change Over Time

Moderator: Elizabeth Grill, PsyD

1. **Oral Talk:** Individual and relational wellbeing among monogamous and non-monogamous people of diverse sexual orientations: An invariance and equivalence study; Ellora Vilkin, BA (she/her) (10 mins)

2. **Oral Talk:** Development of a comprehensive and inclusive measure of sexual wellbeing using participant reported outcomes; Megan Henkelman, MSc (she/her) (10 mins)

3. **Oral Talk:** Longitudinal changes in sexual identity during adolescence and their associations with sexual wellbeing; Alice Girouard, BA (elle, she/her) (10 mins)

3:00 pm – 3:30 pm SMSNA Invited Lecture: Oncosexuality in Sub Saharan Africa

Daniela Wittmann, PhD, MSW (she/her)

Moderator: Elizabeth Grill, PsyD

3:30 pm - 3:45 pm Break

3:45 pm – 4:05 pm 2024 Leiblum Student Research Award Presentation

Presented By: Marie-Pier Vaillancourt-Morel, PhD

Recipient: Associations between genital self-image and individuals' own and

perceived partner sexual satisfaction

Kiarah O'Kane, BA (she/they)

**4:05 pm – 5:20 pm** Research Block 7: Individuals' and Couples' Sexuality

Moderator: Uzma Rehman, PhD

- 1. **Oral Talk:** Preliminary efficacy of a psychoeducational intervention on autonomous sexual motivation and sexual wellbeing: A pilot study; Erin McClung, BSc (10 mins)
- 2. **Oral Talk**: Receiving and providing partner sexual autonomy support in daily life: Implications for need fulfillment and well-being; Ariel Shoikhedbrod, MA (he/him) (10 mins)
- 3. **Data Blitz**: Looking beyond the chair: Psycho-Perceptual predictors of sexual distress and sexual satisfaction in individuals living with spinal cord Injury; Marina Gérard, BA (5 mins)
- 4. **Data Blitz:** In the mood: Daily and longitudinal associations between interpersonal emotion regulation during relationship conflict and couples' sexual well-being; Grace Wang, BSc (she/her) (5 mins)

# SATURDAY, April 6, continued

- 5. **Data Blitz:** Associations between multidimensional perfectionism, sexual function, sexual distress and sexual satisfaction in adult couples; Noémie Viens, BPsy (she/her) (5 mins)
- 6. **Data Blitz:** Does emotion regulation mediate the associations between insecure attachment and relationship satisfaction among couples coping with SIAD? A dyadic longitudinal study; Catherine Hamel, BA (she/her) (5 mins)
- 7. **Data Blitz:** We're no longer having sex: Exploring sexual inactivity in couples seeking relationship therapy; Katherine Péloquin, PhD (5 mins)
- 8. **Oral Talk:** "They won't work with me,": And other client experiences when attempting to discuss sexological topics in therapy; Karen (Washington) Caffee, LMFT (she/her) (10 mins)
- 9. **Oral Talk:** Responsiveness in the face of sexual challenges: The role of sexual growth and destiny beliefs; Akshita Uppot BSc (10 mins)

5:20 pm – 5:40 pm 2024 Health Professional Book Award

Presented By: Caroline Russell Smith, LCSW-R

Recipient: Trans Sex: Clinical Approaches to Trans Sexualities and Erotic

Embodiments, Routledge, 2021

Lucie Fielding, PhD, MA, LMHC (she/they, elle/iel)

Exceptional Merit Recipient: Transforming Sexual Narratives: A Relational

Approach to Sex Therapy, Routledge, 2020

Suzanne lasenza, PhD (she/her)

5:40 pm - 5:50 pm The Sexual Tipping Point Award presented by the MAP Education and

**Research Foundation** 

Presented By: Michael A. Perelman, PhD

5:50 pm – 6:00 pm Closing Remarks

SSTAR President: Morag Yule, PhD (she/her)

Scientific Program Chair: Samantha Dawson, PhD (she/her)

Passing of the torch to Uzma Rehman, PhD, Scientific Chair 2025!

6:00 pm Time to Explore Toronto on Your Own

#### SUNDAY, April 7

#### ETHICS POSTCONFERENCE WORKSHOP

8:30 am – 9:00 am Meeting Registration

8:30 am – 9:00 am Continental Breakfast (for workshop registrants only) | Location: Regency E

9:00 am – 12:00 pm Ethics Workshop: Ethical Boundary Crossings: What is Culturally Sensitive Sex

Therapy? | Location: King II Kathryn Hall, PhD (she/her) Cynthia Graham, PhD (she/her)

Moderator: Elizabeth Grill, PsyD

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## **Poster Presentations**

- 1. The journey of couples' sexuality through prostate cancer: A dyadic approach; Rita Castro (she/her)
- 2. Comparative Canadian online news coverage analysis of sex trafficking reported cases in Ontario, and Nova Scotia; Alisha Fisher (she/her)
- Does received partner support moderate the associations between body image concerns and postpartum sexual satisfaction among new parent couples?; Anne-Laurence Gagné (she/her)
- 4. Barriers to safer sex communication in new relationships; Anna Zavadskaya (she/her)
- 5. Empirical evidence for the applicability of the moral incongruence model of problematic pornography use in different cultures; Beáta Bőthe (she/her)
- 6. Christian Sex: Unity, Justice, Peace; Brittany M. B. Frost (she/her)
- 7. A clinicians guide to ADHD and sex!; Lyne Piché
- 8. Do perfectionism, body image concerns, and intimacy predict genito-pelvic pain in the postpartum? A prospective study of new mothers; Sandrine Dubé (she/her)
- 9. Emerging adults and chronic pain: Associations with sexual distress and anxiety; Elisa Stragapede (she/her)
- 10. Understanding individuals who have betrayed or abandoned their romantic partner: A comparison of dyadic and solitary sexual desire based on attachment injury severity; Ece Yilmaz
- 11. Intolerance of Uncertainty, Intimacy and Sexual Well-Being among First-Time Parents: A dyadic study; Jasmine Bédard (she/her)
- 12. Sexual consent motivations and attachment: The mediating role of experiential avoidance; Jessica Edwards (she/her)
- 13. The roles of pornography and heterosexism on the relation between age and sexual assault perpetration in young men; Jeffrey Innes Lock (they/them)
- 14. What should we be studying? Research priorities according to individuals with Sexual Interest/Arousal Disorder and their partners; Justin Phillip Koji Shimizu (they/them)
- 15. A Mixed-Method Examination of Worries Regarding Perceived Levels of Sexual Desire; Julianna Park (she/her)
- 16. Replicating the Sexual Desire Questionnaire Factor Structure in a Sample of Black Adults; Kasey E. Vigil (she/they)
- 17. Family physicians' experiences using the Vulvodynia Primary Care Toolkit: A Qualitative Interview Study; Kate Hunker (she/her)
- 18. Disrespected, dejected, isolated, and unseen: Ova-havers' experiences of living with an autoimmune disorder and painful sexual experiences; Karen (Washington) Caffee (she/her) & Helen Wyatt
- 19. Situational Risk Factors for Intimate Partner Sexual Violence: When Are the Highest Odds on the Calendar?; Andréanne Lapierre (she/her)
- 20. ---
- 21. The Lost Labia Chronicles: Impacts of a patient-led online knowledge sharing hub about vulvar lichen sclerosus; Jaclyn Lanthier (she/her)
- 22. Do Problems with Alcohol Use, Depression, and Anxiety Relate to Sexual Function and Distress Among Men, Women, and Gender-Diverse Individuals? Findings across 42 countries; Marie-Michèle Paquette (elle/she)
- 23. Creating a family in a heteronormative society: Quebec lesbian couples' apprehension of parenthood; Mathilde Renaud (she/her)
- 24. Measuring Sexual Function in Gender Minorities: A Critical Review; Megan Henkelman (she/her)
- 25. Psychiatry and Sex: From Pathology to Pleasure; Nichola Haddad
- 26. Difficulties with Emotion Regulation Predict Compulsive Sexual Behavior; Ryan Rahm-Knigge (he/him)
- 27. Self-Victimhood and Perceived Addiction to Pornography in a Census-matched U.S. Sample; Regina Tahk (she/her)
- 28. Endoeclectic Experiences: Exploring Sexual Pleasure and Resilience in Endometriosis Across Diverse Sexual Identities; Sam Levang (she/her)
- 29. Longitudinal associations among couples' responses to positive events, attachment, gender, and sexual desire; Silke Jacmin-Park (she/her)
- 30. Daily associations between sexual mindfulness and sexual well-being in couples; Simone Goldberg (she/her)
- 31. Sexual function in focus: Associations between attention deficit/hyperactivity disorder symptoms, sexual function, and distress; Simone Goldberg (she/her)
- 32. Gardens and Cherries and Baseball, Oh My! The (Sexual) Metaphors we Live By -- And Implications for how we Live by Them; Trinda Penniston (she/her)
- 33. What do we Desire when we Desire Sex, and How is our Sexual Functioning when we Don't Get it? An Examination of Discrepancies in Desired versus Received Sexual activities, and Impact on Sexual Functioning; Trinda Penniston (she/her)
- 34. The role of rape acknowledgment in recovery following nonconsensual sexual experiences: A systematic review; Valérie Théorêt (she/her)
- Associations between adolescent/adult non-consensual sexual experiences and anxiety among heterosexual and sexually diverse individuals – Finding from the 42-country International Sex Survey (ISS); Vanessa Beaulieu (she/her)
- 36. Examining healthcare experiences in individuals with MRKH; Zwetlana Rajesh (she/her)
- 37. The sexual grief effect and how it loves to hide; Edy Nathan (she/her)

| NOTES |  |  |  |
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# **CONTINUING EDUCATION CREDITS**

#### **ALL PARTICIPANTS:**

- Please sign-in daily on the Master Attendance Sheet by the Registration Desk.
- Complete the Program Evaluation within 2 weeks of Annual Meeting.

### FOR PARTICIPANTS THAT HAVE MADE PAYMENT FOR CE/CME CREDITS:

- You must complete this Personal Attendance Record.
- Check off the session(s) you actually attended for each day.
- Fill in the total hours you actually attended for each day.
- Fill in the COMBINED TOTAL hours of attendance for Annual Meeting on bottom.
- Certify the accuracy of the form by providing your signature on the bottom.
- Turn in your signed Personal Attendance Record at the Registration Desk.
- CE/CME certificates will be emailed to you within 4-6 weeks of Annual Meeting.
- For physicians: Please note if you are an ACOG Fellow.

| PERSONAL AT      | TENDANCE I         | RECORD           |                     |                     |                |
|------------------|--------------------|------------------|---------------------|---------------------|----------------|
| SSTA             | AR 2024 ANNI       | JAL MEETIN       | G • TORONTO,        | ON • APRIL 4 – APR  | IL 7, 2024     |
| NAME & DEGREE    |                    | PLEASE PRINT     |                     |                     |                |
| LICENSE          | -                  |                  | PROFESSION, ST      | ATE AND NUMBER      |                |
| Please check all | I that you have    | e paid for to re | eceive credit:      |                     |                |
| ○ AASECT         | ○ ACOG             |                  | ○ NASW              | ○ NYSED (Psy)       | O NYSED (SW)   |
|                  | ATTEND             | ANCE RECO        | RD FOR THUR         | SDAY, APRIL 4, 2024 |                |
| Putting anti-o   | oppression into    | sex therapy pr   | actice   Rahim Tha  | wer, MSW, RSW       | 3              |
| The sexual gr    | rief effect and he | ow it loves to h | ide   Edy Nathan, I | MA, LCSW, CST       | 3              |
|                  |                    |                  |                     | TOTAL               | Hours Attended |

|            | ATTENDANCE RECORD FOR FRIDAY, APRIL 5, 2024   |                  |
|------------|---|------------------|
|            | Plenary 1: Erobotics: The future of sex research and therapy   Simon Dubé, PhD  | 1                |
|            | Research Block 1: Couples' Sexuality  | .9               |
| $\bigcirc$ | Plenary 2: Ain't no stopping us now: The promises and pitfalls of sexuality as we age   Jane Fleishman, PhD                               | 1                |
|            | Research Block 2: New Advances in Sex Therapy   |                  |
|            | Research Panel: Phenomenological Research Methods in Studying Sexual Health   |                  |
|            | Plenary 3: Ethical challenges in research on sexual dysfunction   Ariella Binik, PhD  |                  |
|            | Research Block 3: Porn and Compulsive Sex   |                  |
|            | TOTAL Hours Attende   |                  |
|            | ATTENDANCE RECORD FOR SATURDAY, APRIL 6, 2024   |                  |
| $\bigcirc$ | Research Block 4: Sexuality Across the Lifespan   | .75              |
|            | Plenary 4: Leading clients to water: Hypersexuality and research-based methods to decrease distress   Nicole Prause, PhD & David Ley, PhD |                  |
| $\bigcirc$ | Research Block 5: Evidence-based Practices for Sexual Dysfunction   |                  |
| $\bigcirc$ | Clinical Case Presentation: Treating out of control sexual behaviour through the lens of intersectional stigma                            | 1.5              |
| $\bigcirc$ | Plenary 5: Your existence is resistance: Resilience, joy, and the weaponization of queer & trans identities   Paz Galupo, PhD             |                  |
| $\bigcirc$ | Research Block 6: Sexual and Relational Well-being: Measurement and Change Over Time  | .5               |
| $\bigcirc$ | SMSNA Invited Lecture: Oncosexuality in Sub Saharan Africa   Daniela Wittmann, PhD, MSW   |                  |
| $\bigcirc$ | Research Block 7: Individuals' and Couples' Sexuality   | 1.2              |
|            | TOTAL Hours Attende (7 hours)   | d<br>s possible  |
|            | ATTENDANCE RECORD FOR SUNDAY, APRIL 7, 2024   |                  |
| $\bigcirc$ | Ethics Workshop: Ethical Boundary Crossings: What is Culturally Sensitive Sex Therapy?   Kathryn Hall, PhD & Cynthia Graham, PhD          | 3                |
|            | TOTAL Hours Attende (3 hour   | ds<br>s possible |
| \          | VERIFICATION OF TOTAL HOURS OF ATTENDANCE AT 2022 SSTAR ANNUAL MEE  | ΓING             |
|            | Total Hours Attended for Thursday, April 4: (6 Hours Possible)  |                  |
|            | Total Hours Attended for Friday, April 5: (6.5 Hours Possible)  |                  |
|            | Total Hours Attended for Saturday, April 6: (7 Hours Possible)  Total Hours Attended for Sunday, April 7: (3 Hours Possible)              |                  |
|            | COMBINED TOTAL HOURS: (22.5 Hours Possible)   |                  |

I CERTIFY THAT I ATTENDED THE PRESENTATIONS CHECKED OFF (YOUR SIGNATURE):